

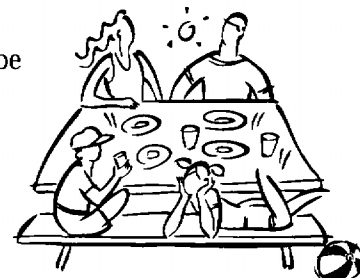


# Make it a **SAFE KIDS Summer**

Don't take a vacation from safety.

## Hey Parents:

Did you know that summer is the most dangerous time of the year for kids? Children will be rushed to emergency rooms nearly 3 million times this summer during "trauma season," May - August. Don't let your child be one of them! Follow these tips with your family to protect your children from the top five summertime risks. Pledge to make this a SAFE KIDS Summer!



## Ride Safe!

- I make sure all my kids have their own child safety seat or safety belt that's appropriate for their age and size, and that they sit in a back seat. ☐ YES ☐ NO
- I study both my vehicle owner and car seat manuals carefully. ☐ YES ☐ NO



## Swim Safe!

- I always supervise young children near water, including pools, spas, toilets, bathtubs and buckets. ☐ YES ☐ NO
- We wear personal flotation devices when out on boats, near open bodies of water or participating in water sports. ☐ YES ☐ NO



## Wheel Safe!

- My kids wear properly fitting helmets and other protective gear every time they ride their bikes, scooters, in-line skates or skateboards. ☐ YES ☐ NO
- My children know the rules of the road and obey all traffic laws. ☐ YES ☐ NO



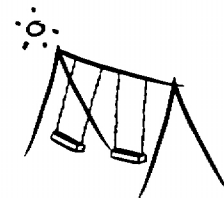
## Walk Safe!

- I never let children under age 10 cross the street alone. ☐ YES ☐ NO
- My kids wear retroreflective materials and carry a flashlight when it's dark, at dawn and at dusk. ☐ YES ☐ NO



## Play Safe!

- I supervise my children at playgrounds and make sure there is a safe surface such as mulch, gravel, rubber or fine sand. ☐ YES ☐ NO
- My kids always wear the right, properly fitted protective gear when they practice and play team sports. ☐ YES ☐ NO



This list is not comprehensive. It is meant to assist families in taking steps to prevent childhood injuries. For more detailed information, please visit [www.safekids.org](http://www.safekids.org).